## LWML KANSAS DISTRICT CHRISTIAN LIFE RETREAT NOVEMBER 2019



## FEARLESS WOMEN, REDEFINING BEAUTY BOLDLY

You are altogether, beautiful, my love, there is no flaw in you. (Song of Songs 4:7)

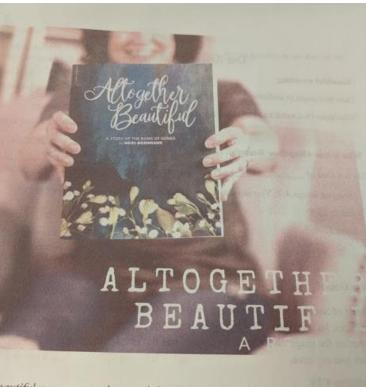
### **GUEST SPEAKER**



# Heidi Goehmann,

a licensed clinical social worker and mental health care provider, deaconess, writer, speaker, wife, mom, and advocate.





eautiful movement seeks to redefine the way we see beautiful. Altogether hat what is created by God is beautiful and what is redeemed by Him is al. It also recognizes that we were created in relationship with God and wit

#### My Altogether Beautiful Checklist

REDEFINING BEAUTIFUL

Something beautiful in my life

Something hard in my life

Something beautiful about my body

Something I don't like about my body

Something beautiful in my community Something beautiful in my church Something beautiful about my friend Something that makes me feel strong Something I need help with usually



← Heidi excited to talk about our beautiful souls!

> → Pastor Bob leading us in song!

