



Enjoy a relaxing weekend of
connecting with old friends and
meeting new ones.

ENJOY MUSIC

MEDITATE IN GOD'S WORD

**LIGHTEN YOUR SPIRIT
WITH LAUGHTER**

WIN PRIZES

**The LWML Kansas District Store
will have items available for
your shopping enjoyment.**

**Salina Ambassador Hotel
1616 W Crawford St.
Salina, KS**



*You are altogether, beautiful, my love,
there is no flaw in you (Song of Songs 4:7).*
Fearless Women, Redefining Beauty Boldly

**Please join us
at the
Lutheran Women
in Mission
Christian Life Retreat**

**“Fearless Women,
Redefining Beauty Boldly”**

**November 1 - 2, 2019
Salina, Kansas**

**Sponsored by the
LWML Kansas District**





Guest speaker: Heidi Goehmann:

Heidi Goehmann is a licensed clinical social worker and mental health care provider, deaconess, writer, speaker, wife, mom, and advocate. She received her bachelor's degree in theology and psychology from Concordia University Chicago, and her master's degree in social work from the University of Toledo with an emphasis on children, families, and social justice.

Heidi has worked in a variety of clinical settings including trauma treatment, play-based therapies, and systems research. She is a certified Eye Movement Desensitization and Reprocessing therapist, and has training in the Gottman method of couple's therapy. She has also served in various ministry capacities including youth and young adult ministry, women's ministry, and family ministry.

Heidi can always be found at ilovemyshepherd.com which provides resources and advocacy for mental health and genuine relationship.

Heidi loves her family, sticky notes, Jesus, adventures, Star Wars, Star Trek, and new ideas... not necessarily in that order.

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AGENDA

FRIDAY ~~ November 1

— *Dinner on your own before the event starts* —

5:00 p.m. Registration Opens, check into
rooms / Shopping Open until 6:30 p.m.

6:30 p.m. Welcome / Session I

8:00 p.m. Vespers Service

8:45 p.m. Fellowship: After Hours Fun
and Games!

SATURDAY ~~ November 2

Early Meditations/ Walkers

7:15 a.m. Registration Opens

7:30-8:30 a.m. Breakfast provided
Shopping Open until 9:00 a.m.

9:00 a.m. Welcome / Session II

11:15 a.m. Break / Shopping Open until
12:30 p.m.

11:30 a.m. Lunch Served

12:30 p.m. Session III

2:30 p.m. Closing
Thoughts



**Lutheran
Women
in Mission**

Please reserve my spot!
**"Fearless Women,
Redefining Beauty Boldly"**

Name: _____

Address: _____

City: _____ Zip: _____

Phone: _____

Email: _____

Special Needs: _____

**EARLY REGISTRATION DEADLINE
SEPTEMBER 28, 2019**

REGISTRATION:

(PLEASE CHECK YOUR CHOICES AND ENCLOSE AMOUNT ACCORDINGLY)
Hotel Room, Meals & Activities for One Great Price!

Rooms are Double—Double Beds

- ☐ 1 person/room \$99.00
- ☐ 2 persons/room \$74.00 per person
- ☐ 3 persons/room \$65.00 per person
- ☐ 4 persons/room \$61.00 per person
- ☐ I plan to attend the retreat, but will not stay at the hotel. Registration cost: \$48.00

- **PLEASE ADD \$10 if postmarked AFTER
September 28, 2019.**

I have a roommate/s: _____

_____ The Committee may assign me a roommate.

Make checks payable to LWML Kansas District.
Please send registration form with payment to:

**Tiffany Harkins
706 N Walnut St., Olathe, KS 66061**